





Express M A G A Z I N E



No 3 18/04/2015









INTERVIEWS WITH VIPs



Andrzej Kraśnicki - The President of the Polish Olympic Committee

AT THE 2009 SCHOOLS WORLD CHAMPIONSHIP IN QATAR, AS MANY AS 5 WORLD RECORDS WERE SET BY POLAND'S REPRESENTATIVES, SUCH AS KLAUDIA NAZIĘBŁO AND MARCIN CIEŚLAK, WHO ARE NOW PART OF THE POLISH SENIORS TEAM. IS PARTICIPATION IN SUCH EVENTS A GOOD WAY FOR YOUNG SWIMMERS TO GO ON IN THE FUTURE AND REPRESENT THEIR COUNTRY AND TAKE PART FOR INSTANCE IN THE OLYMPIC GAMES?

- Sport at school is the best possible opportunity for development in this area of life. My dream is for Poland to have as many sports schools as possible, which would focus not only on sports, but also on preparing students for their future careers, once their sports careers are over. School sports form the basis of physical development in general, so I'm glad that here in Poznan, I'm witnessing an event that brings together students talented in swimming and where one can compare the results of such schools from different countries. Of course it is very important for this development to be harmonious and for them to reach their peak form in their senior sports age. I believe that professional trainers and teachers have much experience in this area and know how to go about it.

WE ARE TALKING TODAY AT THE BEAUTIFUL MODERN RECREATIONAL SPORTS COMPLEX "TERMY MALTAŃSKIE". DOES THE POLISH OLYMPIC COMMITTEE HAVE FURTHER PLANS WITH REGARD TO THIS FACILITY IN THE FUTURE?

- The "Termy Maltańskie" complex is a subject particularly close to my heart, because it was thanks to funds and through decisions taken by the Polish Sport Confederation, of which I am chairman, that the sports facilities of this complex were built. So you could say I am one of its co-founders and its operations are very important to me. At the same time, as President of the Polish Olympic Committee, I cannot imagine further development of our Olympic water sports, such as swimming, diving and synchronized swimming without this unique facility here in Poznan.

PLEASANT STAY! MIŁEGO POBYTU! PLEASANT STAY! MIŁEGO POBYTU!

Otylia Jędrzejczak – champion of the 2004 Olympic Games in Athens, champion and three times world record holder, European champion and record holder, and three times elected best Polish athlete.

DID YOUR SWIMMING CAREER BEGIN LIKE THESE SCHOOL CHAMPIONSHIP PARTICIPANTS, MEANING WITH COMPETITIONS FOR STUDENTS?

- I must admit that I remember very little about school competitions, except to say that in my youth they weren't held very often. I learnt, trained and prepared for competitions mainly in my school and at a club, and then pretty soon "jumped" to representation level and started competing with the best in the world. It's rather a shame really, because I think that school age is the best time to establish international connections and make friends for life. I began to have such contacts with colleagues from other countries a little later, at the junior age. But those have survived to this day, because we have been meeting up at various sporting events for many years now. So I believe that such interschool competitions as this in Poznan are wonderful moments in life and a chance that must be used to establish international connections. Of course, all the students who have come here no doubt have their own dreams, challenges and sports-related goals. Swimming as a career robs one a little of one's childhood, but in return it gives one fortitude and determination, and teaches consistency, the rules of fair play and respect for others, values that remain for the rest of one's life. If in a few days time everyone leaves Poznan with the attitude that they had a good time and were able to make new friends, they will remember this event for years to come.

WHICH SWIMMING STYLE DID YOU BEGIN WITH, WHICH OF THEM DID YOU PARTICULARLY LIKE, AND WHICH IF ANY CAUSED YOU PROBLEMS?

- In the beginning the hardest for me was diving from the starting board, but my breaststroke was pretty good and in the to 12 age category, I was even the Polish record holder. Strangely enough later, in my senior career, this was the worst style for me, my Achilles heel... There has never been any one style that I particularly loved, but each had something I liked, including diving.

Interviewed by: Mariusz Frąckowiak



RESULTS FINALS "A" - 18.04.2015

Girls, 100m Freestyle, School teams

Girls, 100m 1 reestyte, zentoot teun	-0
1. JI Ting-Fang, The Affiliated Senior Hs-Tpe	58.97
2. ZEHMISCH Michelle, Fu Sport Leip-GER	59.33
3. DENIZ Beyza, Ozel Cevre Koleji-TUR	59.53
4. GUENDOGDU Betuel, Ozel Cevre Koleji-TUR	1:00.56
5. FUIERER Louise, Fu Sport Leip-GER	1:00.87
6. BETEILLE Elisa, Lycee Raymond Naves - Fra	1:01.21
7. MARCON Giulia, Colegio M Isabela Hendrix-BRA	1:01.42
8. AUBAN Sara, Lycee Raymond Naves - Fra	1:01.45
D 100 E (1 C 1 1)	

Boys, 100m Freestyle, School teams

1. KALONTAROV Ziv, Omer - Israel	50.49
2. SAKCI Hueseyin Emre, Ozel Fatih Koleji-TUR	51.85
3. JUHRA Lennard, S Fiedrich Ludwing Jahn-GER	52.15
4. PIASECKI Kamil, SZS Poznan-POL	53.02
5. SALCHOW Josha, S Fiedrich Ludwing Jahn-GER	53.12
6. RUSEN Andrei, National Col Emil Racovita-ROU	53.43
7. PUCHY Tomas, Sportove G Jozefa Herdu-SVK	53.96
8. LIAO Yu-Yeng, Taipei Mun Jianguo Hs-Tpe	1:01.20

Women, 100m Backstroke, Selected teams

1. WANG Yan, China	1:03.61
2. HALMAI Petra, Hungary	1:04.42
3. ASKIN Merlin, Turkey	1:05.12
4. BOSZORMENYI Bettina, Hungary	1:05.14
5. SU Yu, China	1:05.55
6. FREIXO Juliana, Portugal	1:07.76
7. FERREIRA Ana, Portugal	1:07.77
8. BILGI Sila, Turkey	1:11.55

Men, 100m Backstroke, Selected teams

mien, ivom Duckstivke, Selecteu le	ums
1. SZUCSIK Bence, Hungary	58.09
2. CHEN Yan-Chi, Chinese Taipei	59.18
3. PISMIS Berkcan, Turkey	59.84
4. HOLLO Balazs, Hungary	1:00.90
5. THIRUMARAN Sethumanikavel, India	1:00.90
6. CHAVES Leonardo, Brazil	1:00.99
7. LARANJEIRA Joao, Portugal	1:01.05
8. GURES Umiltcan, Turkey	1:03.00

Girls, 50m Breaststroke, School teams

1. DRHOUIN Emma, Lycee Raymond Naves - Fra	33.35
2. ASSMANN Juliane, Fu Sport Leip-GER	34.08
3. VEREBELYI Sara, Kolcsey Ferenc-HUN	34.10
4. MELLO Camila, Colegio M Isabela Hendrix-BRA	34.67
5. GLASNER Josefine, Fu Sport Leip-GER	35.36
6. SAVASTITA Simona A, National Col Emil Racovita-ROU	36.12
7. EGEMEN Bige, Ozel Cevre Koleji-TUR	36.62
8. MARTINS Ana, ES D Sancho-POR	36.68

Boys, 50m Breaststroke, School teams

1. SAKCI Hueseyin Emre, Ozel Fatih Koleji-TUR	29.41
2. ORTHEN Dominik, S Fiedrich Ludwing Jahn-GER	29.90
3. WEN Ren-Hau, Taipei Mun Jianguo Hs-Tpe	30.01
4. HINTZE Johannes, S Fiedrich Ludwing Jahn-GER	30.14
5. TSAI Hao-Hsuan, Taipei Mun Jianguo Hs-Tpe	30.43
6. RAMOS Filipe, ES Rocha Peixoto-POR	30.59
7. JUNIOR Paulo Ignacio, Colegio Santa Cecilia - Bra	30.72
8. HALAS Adam, Sportove G Jozefa Herdu-SVK	31.17

FIRST	DAY	Y TEAM RESULT FOR SELECTED TEAM GIRL									
	HUN	HUN CHN TPE TUR BRA POR SVK IND BEL I									
	3	1	9	2	12	6	11	13	16	18	
100 BACKTROKE	4	5	10	8	17	7	14	15	20	19	
	2	3	5	1	4	13	8	11	12	19	
200 FREESTYLE	7	9	16	10	6	15	14	18	17	20	
	1	5	2	7	4	9	11	14	15	17	
50 BUTTERFLY	3	8	6	12	10	13	18	16	19	20	
	4	3	1	8	5	6	13	17	15	16	
100 BREASTSROKE	11	10	2	9	7	12	14	18	20	19	
	2	1	3	4	5	6	7	9	8	10	
4X100 FREE RELAY	2	1	3	4	5	6	7	9	8	10	
TOTAL	39	46	57	65	75	93	117	140	150	168	



Women, 200m Freestyle, Selected teams

" one in a reesty te, a	CICCICI	· · · · · · · · · · · · · · · · · · ·
1. BOSZORMENYI Bettina, Hungary	2:04.33	1:00.64 1:03.69
2. BAHTOGLU Tuana Ayca, Turkey	2:04.51	1:00.97 1:03.54
3. HOU Yushan, China	2:04.56	1:00.31 1:04.25
4. BENKOVA Laura, Slovakia	2:10.45	1:03.38 1:07.07
5. GONZALEZ Maria Fernanda, Brazil	2:10.50	1:03.69 1:06.81
6. LIU Chia-Ling, Chinese Taipei	2:10.55	1:02.84 1:07.71
7. MARKA Adrienn, Hungary	2:10.61	1:02.79 1:07.82
8. MATOS Jessica Geovanna, Brazil	2:11.90	1:02.81 1:09.09

Men, 200m Freestyle, Selected teams

1. AN Ting-Yao, Chinese Taipei	1:51.48	54.08	57.40
2. MARTON Richard, Hungary	1:51.50	54.20	57.30
3. HOLLO Balazs, Hungary	1:55.29	56.34	58.95
4. LI Xiaochen, China	1:55.49	56.60	58.89
5. CHIN Yao-Ting, Chinese Taipei	1:55.81	57.19	58.62
6. COUTO Joao Pedro, Brazil	1:58.30	57.74	1:00.56
7. ALBUQUERQUE Rodrigo, Portugal	2:01.17	58.25	1:02.92
8. PISMIS Berkcan, Turkey	2:03.84	59.32	1:04.52



Girls, 100m Backstroke, School teams

1. HSU An, The Affiliated Senior Hs-Tpe	1:05.47
2. BOGEN Bianca, Fu Sport Leip-GER	1:05.66
3. MARSCH Lea, Fu Sport Leip-GER	1:06.41
4. YAZICI Eda, Ozel Cevre Koleji-TUR	1:07.83
5. ROMEU Mathilde, Lycee Raymond Naves - Fra	1:08.03
6. BOCAN Beatrice S, National Col Emil Racovita-ROU	1:08.07
7. ARAUJO Graca, ES D Sancho-POR	1:11.29
8. DENIZ Beyza, Ozel Cevre Koleji-TUR	1:11.63

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Boys, 100m Backstroke, School teams	
1. MUELLER Franz, S Fiedrich Ludwing Jahn-GER	57.71
2. GOR Rasim Ogulcan, Ozel Fatih Koleji-TUR	57.79
3. OZKUL Berk, Ozel Fatih Koleji-TUR	57.90
4. KALONTAROV Ziv, Omer - Israel	58.45
5. CHIEN Shih-Han, Taipei Mun Jianguo Hs-Tpe	58.68
6. SCHOLTZ Jan, S Fiedrich Ludwing Jahn-GER	59.30
7. ZHOU Fengchi, Tianjin Yaohua High School-CHN	1:00.95
8. ANGHEL Andrei M, National Col Emil Racovita-ROU	1:04.19

RESULTS FINALS "A" - 18.04.2015

m E	Butt	erfl	y, S	cho	ol t	eam	lS		Women, 50m Butterfly, Selected teams	5
el C	evre	Kole	ji-T	UR				27.9	1. SZOKOL Szonja, Hungary	27.
legi	o M	Isab	ela F	lend	rix-F	BRA		28.7	2. MOLNAR Flora, Hungary	28.0
Sno	rt Le	in-G	ER					30.0	3. CHEN Yu-Rong, Chinese Taipei	28.8
				-Tne					4. SOUZA Eduarda, Brazil	29.
				rpc					5. HOO Tushan, Cilila	29.2
				~= n					o. Chilly i in risuan to, Chinese ruiper	29.4
le, F	u Sp	ort L	eıp-(jЕК				30.4		29.4
Kolo	sey]	Ferei	1с-Н	UN				30.4	8. ASKIN Merlin, Turkey	30.2
el Ce	vre I	Kolej	i-TU	JR				30.6	Men, 50m Butterfly, Selected teams	
m E	Butt	erfl	v. S	cho	ol t	eam	S		1. OLIVEIRA Caua Vinicius, Brazil	25.
								25.2	2. GURES Umiltcan, Turkey	25.
· · · · · · · · · · · · · · · · · · ·									2 TEKALIED Mork Hungory	25.7
1. OZKUL Berk, Ozel Fatih Koleji-TUR 2. JUHRA Lennard, S Fiedrich Ludwing Jahn-GER 3. HINTZE Johannes, S Fiedrich Ludwing Jahn-GER									A DAUIA Guilharma Drozil	25.9
						I-OLI	I.K.		5 DEMID Holzon Turkov	26.0
									6 AM Time Voc Chimaga Toimai	26.
			_						7 LIDADHHVAV Shubbam India	26.2
				5-1 p					9 DADTAVV Dovid Clavelrie	26.2
				il Ra	covit	ta_R∩	T I)	
, 1 1 a	tiona	11 CO		11 1\a	COVI	ia-ICO	,,,	20.7	Girls, 6 x 50m Freestyle, School teams	5
M R	ESUL'	T FOF	R SEL	ECTE	D TE	ам во	OYS		1. Colegio M Isabela Hendrix-BRA	2:44.7
										ımila
12	4	5	15	16	11	14	18	19	2. Ozel Cevre Koleji-TUR	2:46.4
	el Collegion Spon Spon Strain	el Cevre degio M Sport Le ffiliated S Szs Pozna de, Fu Sp Kolcsey Le Cevre I Fatih K S Fiedric Correll Fiedric Correll Fatih K S Fiedr Correll	el Cevre Kole degio M Isab Sport Leip-G ffiliated Senio Szs Poznan-PC le, Fu Sport L Kolcsey Ferer el Cevre Kolej M Butterfl I Fatih Koleji S Fiedrich Lu 1, Ozel Fatih I Taipei Mun Jian ei Mun Jian ei Mun Jian ei Mun Jian ezs Poznan-PC 1, National Co	el Cevre Koleji-Tidegio M Isabela F Sport Leip-GER ffiliated Senior Hs Szs Poznan-POL le, Fu Sport Leip-GE Kolcsey Ferenc-H el Cevre Koleji-TU M Butterfly, S I Fatih Koleji-TU S Fiedrich Ludwin OZEI Fatih Kole Siei Mun Jianguo H ZS Poznan-POL National Col Em M RESULT FOR SEL M RESULT FOR SEL M RESULT FOR SEL DE HUN TUR BRA 2 1 3 7 12 4 5 15	el Cevre Koleji-TUR degio M Isabela Hend Sport Leip-GER ffiliated Senior Hs-Tpe Szs Poznan-POL de, Fu Sport Leip-GER Kolcsey Ferenc-HUN el Cevre Koleji-TUR on Butterfly, School Fatih Koleji-TUR on Fiedrich Ludwing Ja n, Ozel Fatih Koleji-TUR caipei Mun Jianguo Hs- pei Mun Jianguo Hs- p	el Cevre Koleji-TUR degio M Isabela Hendrix-I Sport Leip-GER ffiliated Senior Hs-Tpe Szs Poznan-POL de, Fu Sport Leip-GER Kolcsey Ferenc-HUN el Cevre Koleji-TUR IMA Butterfly, School to I Fatih Koleji-TUR S Fiedrich Ludwing Jahn-1 1, Ozel Fatih Koleji-TUR Taipei Mun Jianguo Hs-Tpe dei Mun Jianguo Hs-Tpe ei Mun Jianguo Hs-Tpe zs Poznan-POL 1, National Col Emil Racovi M RESULT FOR SELECTED TEA TPE HUN TUR BRA CHN POR 2 1 3 7 9 6 12 4 5 15 16 11	el Cevre Koleji-TUR blegio M Isabela Hendrix-BRA Sport Leip-GER ffiliated Senior Hs-Tpe Szs Poznan-POL le, Fu Sport Leip-GER Kolcsey Ferenc-HUN el Cevre Koleji-TUR M Butterfly, School team I Fatih Koleji-TUR S Fiedrich Ludwing Jahn-GER n, Ozel Fatih Koleji-TUR Saipei Mun Jianguo Hs-Tpe sei Mun Jianguo Hs-Tpe sei Mun Jianguo Hs-Tpe zs Poznan-POL , National Col Emil Racovita-RC M RESULT FOR SELECTED TEAM BO TPE HUN TUR BRA CHN POR IND 2 1 3 7 9 6 8 12 4 5 15 16 11 14	Sport Leip-GER ffiliated Senior Hs-Tpe Szs Poznan-POL le, Fu Sport Leip-GER Kolcsey Ferenc-HUN el Cevre Koleji-TUR Man Butterfly, School teams Fatih Koleji-TUR Fiedrich Ludwing Jahn-GER A, Ozel Fatih Koleji-T	Cevre Koleji-TUR 27.94 Sport Leip-GER 30.05 Sport Leip-GER 30.15 Szs Poznan-POL 30.21 Ie, Fu Sport Leip-GER 30.45 Kolcsey Ferenc-HUN 30.45 Iel Cevre Koleji-TUR 30.65 Matterfly, School teams Fatih Koleji-TUR 25.23 Spiedrich Ludwing Jahn-GER 25.66 In, Ozel Fatih Koleji-TUR 25.75 Spiedrich Ludwing Jahn-GER 25.66 In, Ozel Fatih Koleji-TUR 25.75 Iei Mun Jianguo Hs-Tpe 26.06 Iei Mun Jianguo Hs-Tpe 26.28 In RESULT FOR SELECTED TEAM BOYS 12 Image: Spiedrich Ludwing Jahn-GER 26.48 Image: Spiedrich Ludwing Jahn-GER 26.06 Image: Spiedrich Ludwing Jah	le Cevre Koleji-TUR legio M Isabela Hendrix-BRA Sport Leip-GER 30.05 Szs Poznan-POL le, Fu Sport Leip-GER 30.15 le, Fu Sport Leip-GER 30.21 le, Fu Sport Leip-GER 30.43 Rolcsey Ferenc-HUN 20.45 le Cevre Koleji-TUR 30.65 MELTATION School teams I Fatih Koleji-TUR 25.23 Specia Mun Jianguo Hs-Tpe 26.00 27.94 28.79 28.79 28.79 29. MOLNAR Flora, Hungary 29. MOLNAR Flora, Hungary 20. MOLNAR Flora, Bravill 21. SCIETA Vuriches 22.

FIRST DAY TEAM RESULT FOR SELECTED TEAM BOYS											
	TPE	HUN	TUR	BRA	CHN	POR	IND	SVK	PUR		
	2	1	3	7	9	6	8	10	13		
100 BACKTROKE	12	4	5	15	16	11	14	18	19		
	1	2	7	6	5	8	14	16	12		
200 FREESTYLE	3	4	13	11	9	10	18	17	15		
	4	5	2	1	9	15	8	7	11		
50 BUTTERFLY	14	12	6	3	10	13	16	18	17		
	1	4	3	6	7	13	8	12	15		
100 BREASTSROKE	2	9	5	17	11	14	10	16	18		
	2	1	4	5	6	3	7	8	9		
4X100 FREE RELAY	2	1	4	5	6	3	7	8	9		
TOTAL	43	43	52	76	88	96	110	130	138		

Women, 100m Breaststroke, Selected teams

1. LIN Pei-Wun, Chinese Taipei	1:11.58
2. KARDOS Viktoria, Hungary	1:12.62
3. CARDOSO Thayanne, Brazil	1:13.29
4. YAN Yuxin, China	1:13.41
5. HUNG Chieh-Yu, Chinese Taipei	1:13.49
6. LEMOS Leticia Camilo, Brazil	1:15.15
7. BILGI Sila, Turkey	1:16.95
8. SILVA Maria, Portugal	1:17.90

Men. 100m Rreaststroke. Selected teams

men, 100m Dieusisitoke, Seiecleu	ieums
1. HSU Han Peng, Chinese Taipei	1:04.29
2. CHEN Chih Ming, Chinese Taipei	1:05.03
3. MIKSI Richard, Hungary	1:05.05
4. CILOGLU Tunchan Cem, Turkey	1:05.26
5. KUMKUMOGLU Kemal, Turkey	1:05.42
6. VIEIRA Yuri, Brazil	1:05.44
7. CHEN Kaixuan, China	1:07.63
8. ARORA Ansh, India	1:09.01



YAZICI Eda (28.15); KOPUZ Asude (28.04); ELIGUL Sezin

27.67 28.09 28.87 29.19 29.29 29.41 29.44 30.20

25.52 25.75 25.78 25.93 26.09 26.14 26.26 26.27

2:44.74

2:46.45

(26.64); GUENDOGDU Betuel (27.27); EGEMEN Bige (29.51); DENIZ Beyza (26.84)

3. Fu Sport Leip-GER BOGEN Bianca (28.48); FUIERER Louise (27.69); GLASNER Josefine (27.91); ASSMANN Juliane (28.58); MARSCH Lea (27.77); ZEHMISCH Michelle (26.52)

Boys, 6 x 50m Freestyle, School teams

1. S Fiedrich Ludwing Jahn-GER	2:23.69
HINTZE Johannes (24.41); SALCHOW Josha (23.79); I	MUELLER
Franz (23.27); ORTHEN Dominik (23.99); SCHOLTZ I	Jan (24.58);
JUHRA Lennard (23.65)	
2. Taipei Mun Jianguo Hs-Tpe	2:25.62
CHIEN Shih-Han (24.74); WEN Ren-Hau (24.25); TSAI	Hao-
Hsuan (24.04); LIAO Yu-Yeng (23.73); LIN Lawrence (2	24.92);
CHENG Yu-Hong (23.94)	
3. Ozel Fatih Koleji-TUR	2:25.75
SAKCI Hueseyin Emre (23.56); GOR Rasim Ogulcan (2	3.71);
DEMIRAL Abdullah Goktug (25.05): CERITOGLIJ Tun	chan Cem

(24.68); EMIRBAYER Oktay Can (24.90); OZKI	
Women, 4 x 100m Freestyle, Sele	cted teams
1. Hungary	3:52.29
MOLNAR Flora (57.11); MARKA Adrienn (58.48) Viktoria (59.44); BOSZORMENYI Bettina (57.26)	
2. China	3:54.72
YUAN Yue (59.42); SU Yu (59.62); LI Boning (5	(8.20);
HOU Yushan (57.48)	
3. Chinese Taipei	3:59.30
LIU Chia-Ling (1:00.82); CHEN Yu-Rong (59.96) Hsuan 18 (59.93); LIN Pei-Wun (58.59)); CHEN Pin-

Men, 4 x 100m Freestyle, Selected teams

1. Hungary SZUCSIK Bence (52.09); HOLLO Balazs (53.63); L	3:31.72 AVOTHA
Oszkar (52.84); MARTON Richard (53.16)	
2. Brazil	3:35.35
OLIVEIRA Caua Vinicius (53.73); SANTANA Pedro	(54.62);
CHAVES Leonardo (53.94); COUTO Joao Pedro (53.94)	.06)
3. Chinese Taipei	3:37.37
CHIN Yao-Ting (54.18); CHEN Zhong-Han (55.14);	CHEN Chih
Ming (55.39); AN Ting-Yao (52.66)	

FINALS



TODAY SWIMMING POOL...











... AND 20.04 DRAGON BOAT!

Name: Dragon Boat Race Festival for competitors of the World Schools Swimming Championship Date: 20.04.2015 (Monday), 9.30 – 11.30.

Place: MALTA Regatta Course Poznań (3 Wiankowa Street)

Competition rules

- 1.300 people will participate in the competition.
- 2. The participants start in ten-man boats.
- 3. The participants will be assigned to boats by means of a draw. Prior to the beginning of the competition, each participant will be assigned by the Organizing Committee of the World Schools Swimming Championship to a particular crew. Crews will be distinguished by stickers with numbers worn in a visible place on their suits.
- 4. All participants are required to wear a life jacket.
- 5. The regatta will take place over a distance of 200 metres with 4 crews racing at a time.
- 6. The start of each race involves arriving on the starting line on the command "Ready set Go", and participants will start rowing on the word GO.
- 7. Every crew will take to the water approximately 10 minutes before the start of their race. Additionally, every crew should turn up on the pier at least 10 minutes before taking to the water.
- 8. Races will start every 15 minutes.

For safety reasons - only those participants entering and leaving their boats may have access to the pier (from where participants take to the water).

General Plan for the competition:

- 1. A technical briefing will take place on 20.04.2015 at **9.30**.
- 2. The first race is planned for 10.00.

The manner of conducting the regatta:

The organiser of the regatta provides the boats, along with equipment and coxes, life guard services for the competition, and life jackets, which must be worn by all participants.

Final provisions:

The competition will be managed by judges of the Polish Canoe Federation. In the event of any dispute, the judge's decision is final and not subject to discussion.

PLEASE NOTE! Participants should bring bottled water and an extra set of dry clothes.

Competition organiser: KS Stomil Poznań, e-mail: poznanskiedragony@wp.pl

PROGRAMME 19.04.2015 - SUNDAY (Day IV)

8.45 – **12.30** Competition - heats and official medals ceremony (18.04.2015 finals after each 4 events - Termy Maltańskie, swimming pool)

\triangle G	Firls,	100m Butterfly,	School teams,	heats 1 - 4
	oys,	100m Butterfly,	School teams,	heats 1 - 4
			· · · · · · · · · · · · · · · · · · ·	
	Vomen,	100m Freestyle,	Selected teams,	heats 1 - 3
	Ien,	100m Freestyle,	Selected teams,	heats 1 - 3
\triangle G	irls,	50m Backstroke,	School teams,	heats 1 - 4
\triangle B	soys,	50m Backstroke,	School teams,	heats 1 - 4
\triangle W	Vomen,	100m Butterfly,	Selected teams,	heats 1 - 3
\triangle N	ſlen,	100m Butterfly,	Selected teams,	heats 1 - 3
\triangle G	irls,	200m Medley,	School teams,	heats 1 - 5
\triangle B	soys,	200m Medley,	School teams,	heats 1 - 4
\bigcirc W	Vomen,	50m Backstroke,	Selected teams,	heats 1 - 3
\triangle N	ſlen,	50m Backstroke,	Selected teams,	heats 1 - 3
\triangle G	irls,	50m Freestyle,	School teams,	heats 1 - 4
\triangle B	soys,	50m Freestyle,	School teams,	heats 1 - 4
\triangle \mathbf{W}	Vomen,	50m Breaststroke,	Selected teams,	heats 1 - 3
\triangle N	Ien,	50m Breaststroke,	Selected teams,	heats 1 - 2
\triangle G	irls,	100m Breaststroke,	School teams,	heats 1 - 4
\triangle B	soys,	100m Breaststroke,	School teams,	heats 1 - 3
\triangle W	Vomen,	50m Freestyle,	Selected teams,	heats 1 - 3
\triangle N	ſen,	50m Freestyle,	Selected teams,	heats 1 - 3
\triangle G	irls,	4 x 50m Medley,	School teams,	heats 1 - 2
\triangle B	Boys,	4 x 50m Medley,	School teams,	heats 1 - 2
	· · · · · · · · · · · · · · · · · · ·	x 100m Medley,	Selected teams,	heat 1
	•	x 100m Medley,	Selected teams,	heat 1
	,	J)	,	

12.30 – 14.00 Lunch for Members of the competition (Termy Maltańskie, Restaurant)

14.45 – 17.30 Competition – finals A & B (official medals ceremony after each 3 finals A for the top three places), time to go to hotel for one member of delegation to bring materials for Friendship Evening

15.00 bus to SWARZĘDZ-INDIA, FRANCE, LUXEMBURG, BELGIUM FLANDERS 16.20 bus to hotel IKAR-TURKEY, CHINESE TAIPEI, HUNGARY;

hotel NARAMOWICE-ROMANIA; hotel FRAYPLAYCE-BRAZIL

- 17.15 Coaches' meeting before the Friendship Evening and Relay
 - dragon boats
- 17.00 19.00 Dinner (Termy Maltańskie, Restaurant)
- **19.00** Friendship Evening (Termy Maltańskie, venue Hall), after the party transfer to accommodation
- **22.00** Departure to Hotels
- 22.30 Night's rest

Redakcja Express MAGAZINE:

Mariusz Frąckowiak, Marcin Czajko, Dariusz Abramuk, Zdzisław Urbańczyk, Ryszard Biały.

Skład: Tomasz Kapitan; Foto: Elżbieta Skowron

Wydawca: SZS "Wielkopolska" www.isfswimming2015.eu

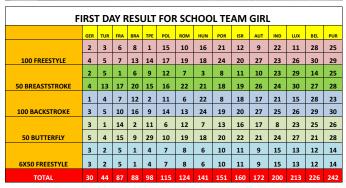
TEAMS (A-F)













FIRST DAY TEAM RESULT FOR SCHOOL TEAM BOYS														
	GER	TUR	TPE	POL	ROM	ISR	FRA	CHN	POR	SVK	BRA	HUN	AUT	PUR
	3	1	8	5	7	2	10	12	13	4	17	24	20	26
100 FREESTYLE	6	9	11	16	15	19	14	18	21	22	23	25	28	27
	2	1	3	13	11	14	12	9	5	8	7	26	24	22
50 BREASTSTROKE	6	10	4	19	20	16	18	17	21	23	15	28	27	25
	1	2	3	9	8	6	13	7	16	23	18	15	22	27
100 BACKSTROKE	5	4	11	10	12	19	14	24	20	26	21	17	25	28
	1	2	4	9	8	12	17	10	14	7	16	23	25	27
50 BUTTERFLY	3	5	6	11	13	15	21	22	20	18	19	24	26	28
	1	2	3	4	6	12	5	7	8	10	12	9	12	11
6X50 FREESTYLE	1	2	3	4	6	12	5	7	8	10	12	9	12	11
TOTAL	29	38	56	100	106	127	129	133	146	151	160	200	221	232

